Daily Steps for Building the Anointing Exercise

Put an **X** on the line next to the Steps you are already doing.
Circle one or two Steps you will incorporate into your daily schedule beginning this month.

1. _____ Attend church regularly.
2. _____ Get up early. Confess your known sins immediately.
3. _____ Spend time with God.
4. _____ Make prayer a way of life.
5. _____ Make the Word of God the final decision in your life.
6. _____ Digest what the Word says about healing.
7. _____ Fast regularly. One day/week is recommended.
8. _____ Praise and Worship. Move toward 7x24 worship music.
9. _____ Ask the Holy Spirit to control your tongue and affirm a Scripture on your tongue.
10. _____ Pray in tongues, increasing daily the amount of time.
11. _____ Receive communion at least once daily.
12. _____ Affirm aloud daily Healing Verses. Seek a merry heart.
13. _____ Tithe and give offerings .
14. _____ Plan your day so that you can end it with God and His Word.