# Daily Steps for Building the Anointing

1. Attend church regularly: Once per week, then increase. Heb 10:25
2. Get up early. Start your day with God, with the Word, with worship & prayer.
3. Confess your known sins immediately. 1 John 1:9
   - Also, several times daily confess and review your UNknown sins with the Holy Spirit with special focus on the hindrances to healing such as:
     Pride, impatience, fear, taking offense, depression, unforgiveness, bitterness.
4. Spend time with God.
   - Make God Number One in your life. Ex 20:3
   - Get up early and Talk to God. Psalm 5:1,2
   - LISTEN to/for His voice. Psalm 5:3
   - Get to know God as your Abba Daddy. Rom 8:14,15; Gal 4:6
   - Get to know God as your Friend. John 15:14,15
5. Make prayer a way of life. Eph 6:18; 1 Th 5:17; Pro 5:7
   - Claim daily the promises of Psalm 23, Psalm 91 & Psalm103:1-5
   - Pray for others: As you give, so shall you receive. Luke 6:38
   - Pray for the sick: You reap whatever you sow. Gal 6:7
   - By faith, partake of the glory that is within you. Col 1:27
     - ♦ Pray that every germ, disease, virus, parasite, bacteria, micro-organism, mold, fungus potentially harmful to you, dies on contact with your body.
     - ♦ Pray that every radiation, poison, chemical, drug or allergen which is harmful to you, is neutralized on contact with your body.
6. Make the Word of God the final decision in your life. 2 Sam 22:3; Pro 30:5
   - God said it. That settles it. Isa 55:11; Pro 12:14
   - Spend time daily studying and meditating the Word of God (The Bible). Heb 4:12; Col 3:16
   - Act on more of the Word each day. Jam 1:22-25; Ex 15:26
7. Digest what the Word says about healing. Ex 15:26; Psalm 103:1-3
   - Read everything you find on healing until you can't wait to teach it.
8. Fast regularly. One day/week is recommended. Isa 58:6-8
9. Praise and Worship. Move toward 24/7 worship music. Psalm 22:3; 8:2; 119:164
10. Ask the Holy Spirit to control your tongue and affirm a Scripture on your tongue. Psalm 19:14; 141:3
    - Avoid idle words. 1 Tim 5:13
    - Let your words bring grace to the hearer. Eph. 4:29; Col 4:6
    - To him who is pure, all things appear pure. Titus 1:15
    - Flee unforgiveness, jealousy, strife, confusion, back-biting and wrath.
11. Pray in tongues, increasing daily the amount of time. Rom 8:26
    Target daily one hour of continuous dedicated tongues. 1 Cor 14:2; 4,14 ampl
12. Receive communion at least once daily. 1 Cor 11:23-25
13. Affirm aloud daily Healing Verses. If challenged, increase your affirmations daily (e.g., say from 100 to 1000 times "I have been healed by the stripes of Jesus.") 1 Peter 2:24
14. Seek a merry heart. Pro 17:22
15. Tithe and give offerings. Mal 3:8-12
16. Plan your day so that you can end it with God and His Word.


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