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Fruit of the Spirit
Part 2

Authority over Your Mind

Overview: The Fruit of the Spirit is love, joy, peace, patience (longsuffering, endurance, constancy), gentleness (kindness), goodness (virtue), faith, humility (**meekness**) and self-control (discipline, moderation) Gal 5:22-23.

ABC Definition: Love, joy, peace, patience, gentleness, goodness, faith, **humility, self-control.**

A. The Power of the Fruit of the Spirit (FOS)
   1. The Gifts of the Spirit (GOS) are primarily for outward ministry in signs and wonders.
      The Fruit of the Spirit (FOS) is primarily for inward ministry to change you from inside/out.
   2. The GOS is the best measure of the power of your Christian ministry.
      The FOS is the best measure of your spiritual character (i.e., of your Christian maturity).
   3. The FOS is the best measure of the prosperity of your soul.
      3 John 2 God wants us to prosper and be in health even as our soul prospers.
   4. On the day of Jesus' death, the veil in the temple was torn, symbolically announcing that man now had direct access to God and no longer needed to go through a high priest.
      Growing in the FOS parts the veil of our heart to give God access to all of our being.

B. Growing in the Fruit of the Spirit (FOS)
   1. You start on the escalator with the pairing of love and control.
   2. Get on the Escalator
      a) Because you love Jesus, you exercise discipline to do something to draw closer to Him.
      b) God changes you from the inside out; you help change yourself from the outside in.
   3. Move up the Escalator
      a) You continue to move up the escalator with the pairing of joy and humility.
      b) Isa 29:19 The **meek** also shall increase their **joy** in the LORD, and the poor among men shall rejoice in the Holy One of Israel.

C. Growing in Joy
   1. God gives you joy and keeps you in joy.
      Psa 16:11 Thou wilt show me the path of life: in thy presence is fullness of joy.
      Joh 15:11 These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.
   2. Partner with God to stay in joy.
      Psa 27:6 And now shall mine head be lifted up above mine enemies round about me: therefore will I offer in his tabernacle **sacrifices of joy**; I will sing, yea, I will sing praises unto the LORD.
      Isa 61:3 To appoint unto them that mourn in Zion, to give unto them beauty for ashes, **the oil of joy for mourning,** the garment of praise for the spirit of heaviness;
      Hab 3:18 Yet I will rejoice in the LORD, I will joy in the God of my salvation.
      Psa 118:24 This is the day which the LORD hath made; we will rejoice and be glad in it.
      Luk 10:17 And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name.
      Joh 16:24 Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full.

3. The Benefits of Joy
   Neh 8:10 …. for the joy of the LORD is your strength.
   Psa 35:27 Let them shout for joy, and be glad, that favor my righteous cause: yea, let them say continually, Let the LORD be magnified, which hath pleasure in the prosperity of his servant.
   Jer 33:11 The voice of joy, …. Give praise *and* thanks to the Lord of hosts, for the Lord is good; for His mercy *and* kindness *and* steadfast love endure forever! For I will cause the captivity of the land to be reversed *and* return to be as it was at first, says the Lord.
   Pro 17:22 A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

D. Growing in Humility/Meekness
1. God teaches His way to the meek.
   Psa 25:9 The meek will he guide in judgment: and the meek will he teach his way.
   Num 12:3 (Now the man Moses was very meek, above all the men which were upon the face of the earth.)
   2Ti 2:25 In meekness instructing those that oppose themselves.
   Gal 6:1 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.
2. You exercise discipline to grow in humility with the help of the Holy Spirit.
   1Pe 5:5 You younger, submit yourselves unto the elder. All of you be subject one to another, and be clothed with humility: for God resists the proud, and gives grace to the humble.
   v:6 Humble yourselves under the mighty hand of God, that he may exalt you in due time.
   Tit 3:2 Speak evil of no man, to be no brawlers, but gentle, showing all meekness unto all men.
   Jas 1:21 Wherefore lay apart all filthiness and superfluity of naughtiness, and **receive with meekness the engrafted word, which is able to save your souls.**
3. The Benefits of Humility/Meekness
   Pro 22:4 By humility and the fear of the LORD are riches, and honor, and life.
   Zep 2:3 Seek ye the LORD, all ye meek of the earth, which have wrought his judgment; seek righteousness, seek meekness: it may be ye shall be **hid in the day of the LORD'S anger.**
   Psa 76:9 When God arose to judgment, to save all the meek of the earth. Selah.
   Psa 147:6 The LORD lifts up the meek: he casts the wicked down to the ground.
   Jas 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.
   Psa 22:26 The meek shall eat and be satisfied: they shall praise the LORD that seek him: your heart shall live for ever. Mat 5:5 Blessed are the meek: for they shall inherit the earth.

E. Authority over your mind
1. Rom 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.
   2Co 10:3 For though we walk in the flesh, we do not war after the flesh:
   2Co 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
2. Php 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.
3. The Blessings of Controlling your Mind
   a) Renewing your mind begins the metamorphosis of living as a new creation in Christ Jesus.
   b) If you can control your tongue, you control your body and your life.
   c) A controlled mind is a mind of peace, which shalom – nothing missing, nothing broken.
      Php 4:7 And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus.
   d) Affirm 1 Cor 2:16, “In the Name of Jesus, I have the mind of Christ.”

4. Live on the Escalator of the FOS
   a) Be a loving forgiving person, which is a lifestyle requiring love and discipline.
   b) Love God by keeping His commandments, which requires humility to do it His way.
   c) Stay in the presence of God by being obedient to Him, which process creates joy.