Power Habits for Victory

Overview: These are foundational lifestyle actions that, when done on a regular basis, will result in an overcoming lifestyle.

Every time you know you have sinned stop and confess your sin and receive forgiveness: "In the Name of Jesus I confess my sin of 'fear'; I repent of this sin; and I receive my forgiveness. I thank you Father for forgiving me of my sin and cleansing me from all unrighteousness." (See Removing Curses Part 1 S1D1)

Confess unknown sins: After some defined period of elapsed time (i.e., 1 to 4 hours) or before any spiritual interaction (i.e., prayer, affirmations, communion, tithing etc.) during which you are not aware of committing any sins. "In the Name of Jesus, I am not aware of any known sins but I repent of any unknown sins and I receive forgiveness for them." (See removing Curses Part 2 S1D2)

After confessing known and/or unknown sins then go on to RRB in order to cut off the demonic attachments associated with your sin: "In the Name of Jesus, I repent of theses sins, I renounce satan and every demon, every devil and every evil spirit behind these sins and I take away their legal right to influence me because of these sins. In the Name of Jesus, I break every ungodly soul tie and every connection to these sins and to the demons, devils and evil spirits behind them and cast them out of my life." (See Removing Curse Part 3 S1D3)

Receive Communion on a daily basis using 1 Cor 11:23-25. (See Holy Communion – The Lord's Table S1D2)

After every interaction with any person (in person, media, internet, print etc.) evaluate if you were offended in any way: "In the name of Jesus I forgive _____ from my heart and I bless them from my heart." Repent of sins of unforgiveness and receive your forgiveness. (See Living as a Loving, Forgiving Person S1D4)

Each morning, incorporate the Foundational Prayers into your daily prayer time. These prayers will set a spiritual tone for your day that will help you recognize and fight off the attacks of the evil one. (Foundational Prayers S1D5)

When confessing your known and unknown sins and praying the RRB prayers then go on to cast the demons out of your life. In the Name of Jesus, I forgive every person, who has offended me; I repent of all my sins; and I renounce satan, and every demon, devil and evil spirit behind them. In the Name of Jesus, I break all holds, ties and covenants to these sins and to the demons, devils and evil spirits behind them and cast them out of my life. (Overcoming Demonic Strongholds S2D1)

Establish the Kingdom of God around you throughout your day. During your morning prayers establish the Kingdom in your home. As you go about your day keep establishing the Kingdom. Every time you confess your sins, RRB, cast out the demons, invite the Spirit of God to rest on you then re-establish the Kingdom of God around you. (Establishing the Kingdom of God S2D2)

On a daily basis continue to affirm the 3 foundational affirmations 50 or more times: 1) **"**In the Name of Jesus, I have the mind of Christ." 2) "In the Name of Jesus, the words of my mouth and the meditations of my heart are acceptable to Him" 3) "In the Name of Jesus, I reckon myself dead to sin, but alive unto God." These 3 affirmations effect the mind, heart and tongue which are the 3 key areas for change in our lives.

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Minute by Minute watch your words. Learn to speak blessing and life to every situation and person. Your words direct your life and your words create your life so don't speak the life you have but the life you want. Affirm on a daily basis, "In the Name of Jesus, God has put a watch on my tongue." (Psa 141:3)

Weekly, if not more, schedule a specific time to cast demons, devils and evil spirits out of you. Set aside extra time to go through the whole process of confessing sins. RRB, 3-witness, establish the Kingdom, then cast out the demons. If you're working on a specific strong-hold spend time breaking curses first.

Pray the 3-witness prayer over yourself each day. Add the 3-witness prayers to your process of confessing sins and casting out the demons (see the Power Habit previous to this one). If you choose to you may cast out the demons, devils and evil spirits as you are praying through the 3-witness anointing prayer.

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