

Penalty of Sexual Sin Exercise

Scriptures are from the New International Version except where otherwise indicated.

Eph 2:1-4

2:1 As for you, you were dead in your transgressions and sins, 2 in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. 3 All of us also lived among them at one time, gratifying the cravings of our sinful nature and following its desires and thoughts. Like the rest, we were by nature objects of wrath.

Eph 4:17-19

17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more.

Gal 6:7-8

7 Do not be deceived: God cannot be mocked. A man reaps what he sows. 8 The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life.

Prov 2:16-19

16 It will save you also from the adulteress, from the wayward wife with her seductive words, 17 who has left the partner of her youth and ignored the covenant she made before God. 18 For her house leads down to death and her paths to the spirits of the dead. 19 None who go to her return or attain the paths of life.

Prov 5:3-11

3 For the lips of an adulteress drip honey, and her speech is smoother than oil; 4 but in the end she is bitter as gall, sharp as a double-edged sword. 5 Her feet go down to death; her steps lead straight to the grave. 6 She gives no thought to the way of life; her paths are crooked, but she knows it not.

7 Now then, my sons, listen to me; do not turn aside from what I say. 8 Keep to a path far from her, do not go near the door of her house, 9 lest you give your best strength to others and your years to one who is cruel, 10 lest strangers feast on your wealth and your toil enrich another man's house. 11 At the end of your life you will groan, when your flesh and body are spent.

Prov 5:15-23

15 Drink water from your own cistern, running water from your own well. 16 Should your springs overflow in the streets, your streams of water in the public squares? 17 Let them be yours alone, never to be shared with strangers. 18 May your fountain be blessed, and may you rejoice in the wife of your youth. 19 A loving doe, a graceful deer--may her breasts satisfy you always, may you ever be captivated by her love. 20 Why be captivated, my son, by an adulteress? Why embrace the bosom of another man's wife?

21 For a man's ways are in full view of the LORD, and he examines all his paths. 22 The evil deeds of a wicked man ensnare him; the cords of his sin hold him fast. 23 He will die for lack of discipline, led astray by his own great folly.

Prov 6:23-29

23 For these commands are a lamp, this teaching is a light, and the corrections of discipline are the way to life, 24 keeping you from the immoral woman, from the smooth tongue of the wayward wife. 25 Do not lust in your heart after her beauty or let her captivate you with her eyes, 26 for the prostitute reduces you to a loaf of bread, and the adulteress preys upon your very life. 27 Can a man scoop fire into his lap without his clothes being burned? 28 Can a man walk on hot coals without his feet being scorched? 29 So is he who sleeps with another man's wife; no one who touches her will go unpunished.

Prov 6:32-33

32 But a man who commits adultery lacks judgment; whoever does so destroys himself. 33 Blows and disgrace are his lot, and his shame will never be wiped away;

Prov 7:5-23

5 they will keep you from the adulteress, from the wayward wife with her seductive words. 6 At the window of my house I looked out through the lattice. 7 I saw among the simple, I noticed among the young men, a youth who lacked judgment. 8 He was going down the street near her corner, walking along in the direction of her house 9 at twilight, as the day was fading, as the dark of night set in.

10 Then out came a woman to meet him, dressed like a prostitute and with crafty intent. 11 (She is loud and defiant, her feet never stay at home; 12 now in the street, now in the squares, at every corner she lurks.) 13 She took hold of him and kissed him and with a brazen face she said:

14 "I have fellowship offerings at home; today I fulfilled my vows. 15 So I came out to meet you; I looked for you and have found you! 16 I have covered my bed with colored linens from Egypt. 17 I have perfumed my bed with myrrh, aloes and cinnamon. 18 Come, let's drink deep of love till morning; let's enjoy ourselves with love! 19 My husband is not at home; he has gone on a long journey. 20 He took his purse filled with money and will not be home till full moon."

21 With persuasive words she led him astray; she seduced him with her smooth talk. 22 All at once he followed her like an ox going to the slaughter, like a deer stepping into a noose 23 till an arrow pierces his liver, like a bird darting into a snare, little knowing it will cost him his life.

Prov 7:24-27

24 Now then, my sons, listen to me; pay attention to what I say. 25 Do not let your heart turn to her ways or stray into her paths. 26 Many are the victims she has brought down; her slain are a mighty throng. 27 Her house is a highway to the grave, leading down to the chambers of death.

Prov 9:13-18

13 A foolish woman is clamorous: she is simple, and knoweth nothing. 14 For she sitteth at the door of her house, on a seat in the high places of the city, 15 To call passengers who go right on their ways: 16 Whoso is simple, let him turn in hither: and as for him that wanteth understanding, she saith to him, 17 Stolen waters are sweet, and bread eaten in secret is pleasant. 18 But he knoweth not that the dead are there; and that her guests are in the depths of hell. (KJV)

Rom 1:24-27

24 Therefore God gave them over in the sinful desires of their hearts to sexual impurity for the degrading of their bodies with one another. 25 They exchanged the truth of God for a lie, and worshiped and served created things rather than the Creator-who is forever praised. Amen.

26 Because of this, God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. 27 In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion.

1 Cor 5:1-5

1 It is actually reported that there is sexual immorality among you, and of a kind that does not occur even among pagans: A man has his father's wife. 2 And you are proud! Shouldn't you rather have been filled with grief and have put out of your fellowship the man who did this? 3 Even though I am not physically present, I am with you in spirit. And I have already passed judgment on the one who did this, just as if I were present. 4 When you are assembled in the name of our Lord Jesus and I am with you in spirit, and the power of our Lord Jesus is present, 5 hand this man over to Satan, so that the sinful nature may be destroyed and his spirit saved on the day of the Lord.

1 Cor 6:9-11

9 Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders 10 nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God. 11 And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

1 Cor 6:15-20

15 Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! 16 Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." 17 But he who unites himself with the Lord is one with him in spirit. 18 Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. 19 Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your body.

Rev 2:20-23

20 Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophetess. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols. 21 I have given her time to repent of her immorality, but she is unwilling. 22 So I will cast her on a bed of suffering, and I will make those who commit adultery with her suffer intensely, unless they repent of her ways. 23 I will strike her children dead. Then all the churches will know that I am he who searches hearts and minds, and I will repay each of you according to your deeds.

Gen 34:1-3 ESTABLISHING SOUL TIES

1 And Dinah the daughter of Leah, which she bare unto Jacob, went out to see the daughters of the land.

2 And when Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her, and lay with her, and defiled her.

3 And his soul clave unto Dinah the daughter of Jacob, and he loved the damsel, and spake kindly unto the damsel. (KJV)

1 Cor 6:16-17 DEMONS TRAVEL FROM ONE BODY TO ANOTHER DURING SEX

16 Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh."

Luke 6:38 GIVE SEXUAL SIN AND IT WILL COME TO YOUR HOME

38 Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.

Gal 6:7-8 SOW ADULTERY, REAP ADULTERY

7 Do not be deceived: God cannot be mocked. A man reaps what he sows. 8 Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

How to Overcome.

1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. (KJV)

1 Cor 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ. (KJV)

Rom 6:11 Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord. (KJV)

2 Cor 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; (KJV)

Rom 6:19-22 I put this in human terms because you are weak in your natural selves. Just as you used to offer the parts of your body in slavery to impurity and to ever-increasing wickedness, so now offer them in slavery to righteousness leading to holiness. 20 When you were slaves to sin, you were free from the control of righteousness. 21 What benefit did you reap at that time from the things you are now ashamed of? Those things result in death! 22 But now that you have been set free from sin and have become slaves to God, the benefit you reap leads to holiness, and the result is eternal life.

Luke 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Jam 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you. (KJV)

Gal 2:20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me. (KJV)